



Tutor: Daniela Balmaverde

Course Name: Oil & Acrylic



In the class you can paint with oil or acrylic or both.

I will post weekly projects in an online private platform to inspire you. Feel free to bring your own images, if you prefer. Ultimately you decide what subject to work on!

Optional: there is the possibility to start a painting in acrylic and finish it up with oils.

To complete beginners, I would recommend starting with acrylic paint and then using oil painting after getting more confident with acrylic.

Advice: Is best to keep tubes and brushes for oil and acrylic in different containers.

Below is a list of materials for students that wish to work with OIL (Mainly)

Support:

You will need to bring in a board or canvas or paper pad for oil paint to work on. Is not recommended to use oil on normal paper. The oil will deteriorate the paper unless this has been primed.

Colours:

You can get a starter set or buy specific colours in individual tubes. Winsor & Newton and Daler Rowney makes good paint to start.

If you are buying individual tubes then good colours to always have at hand are; Raw Umber, Burnt Umber, Ultramarine Blue, Prussian Blue, Cobalt Blue, a primary yellow and red for instance Chrome Yellow Hue and Cadmium Red, Viridian, Titanium White, Naples Yellow & Permanent Rose.

Optional: you may also wish to bring with you, if you have them already, a small range of acrylic colours if you think you will need a few undercoats to build up the beginning of your painting depending on your composition of choice.

Brushes:

The larger brushes on the list should be coarser haired bristle brushes and the medium and smaller brushes could be a combination of both coarse haired brushes e.g. hog hair or a synthetic equivalent and softer nylon or sable brushes. You don't have to stick to the below guide just aim to have one coarse large brush, a couple of medium brushes in different types and one or two small brushes.

- 2inch Flat Brush approx.
- 1inch Flat Brush approx.
- 1/2 inch Brush (Flat/Bright) approx.
- A range of Filbert Brushes (Large, Medium & Small) Medium and Small Round Brushes
- Fan Brush
- Palette knives

Mediums:

Suggested mediums are linseed oil and Liquin. A small amount of odourless spirit like Sansodor is useful at the start of the painting. Please note that in the class Turps and White Spirit cannot be used due to health and safety.

Palette:

You will need a palette to work on; you can bring a ceramic plate/tile or bring in a flat plastic box (like an empty Ferrero Rocher chocolate box). A box will allow to transport your palette home and save paint! There are disposable palettes available in most art supply shops which save time cleaning but are a bit more wasteful.

Cleaning The Brushes:

I will go through a brush cleaning method in the first class, we don't use white spirits or turpentine in class. You can get non-toxic brush cleaner for oils such as 'The Master's Brush Cleaner and Preserver'.

For transporting the wet painting:

Transporting a wet painting can be challenging. Online there are lots of options to make this task easier! Below are a few options.

- Wet panel separator
- Wet painting carriers
- Wet canvas clips
- Canvas pins/separators
- Craft box

If you plan to use ACRYLIC (Mainly) below is a list of materials:

Paint:

You can get a starter set or buy specific colours in individual tubes. Winsor & Newton and Daler Rowney makes good paint to start.

If you are buying individual tubes then suggested hues are: Lemon and Cadmium Yellow, Permanent Rose and Cadmium Red, Cerulean, Ultramarine Blue, Viridian, Burnt Siena and Payne's Grey. You will need a large tube of white because it is usually the colour that runs out first.

After getting confident with basic acrylic, I would suggest some high flow acrylic, water-based acrylic spray and a few other mediums/materials.

Brushes:

- 2 inch Flat Brush approx.
- 1 inch Flat Brush approx.
- 1/2 inch Brush (Flat/Bright) approx
- 1 small round brush for details
- Fan Brush
- Palette knives

Daler Rowney System 3 Skyflow Acrylic Brushes make good flat brushes to work with acrylic.

Support:

Acrylic paper, board or canvas. If you use paper 2 inches of masking tape would be advisable to fix the paper on the board and keep the edges tidy. Avoid acrylic paper that is too shiny/smooth.

Palette:

A ceramic plate or wood palette are easier to clean compared to a plastic palette.

There are disposable "Tear-off" palettes available in most art supply shops which save time cleaning but are a bit more wasteful.

A "stay wet palette" is my favourite choice. You can make one using a recycled box or A4 craft plastic box. I will show you how to make a "stay wet palette" in the class!